



**PATIENT INFORMATION**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ MI: \_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_  
 Home Email: \_\_\_\_\_ Work Email: \_\_\_\_\_  
 Please check if you would like to receive:  E-mail Appointment Reminders  E-Newsletter  
 Referring Physician: \_\_\_\_\_ Physician's Phone: (\_\_\_\_) \_\_\_\_\_

**PATIENT RECORD OF DISCLOSURES**

In general, the HIPAA privacy rules give individuals the right to request a restriction on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or that a communication of PHI be made by alternative means, such as sending correspondence to the individual's office instead of the individual's home.

**I wish to be contacted in the following manner:** *(Check all that apply.)*

**By phone at:**  Home  Work  Cell  Other: (\_\_\_\_) \_\_\_\_\_  
 Ok to leave message with detailed information at:  Home  Work  Cell  Other  
 Leave message with call back number only at:  Home  Work  Cell  Other  
**In writing to:**  Home Fax: (\_\_\_\_) \_\_\_\_\_  Work Fax: (\_\_\_\_) \_\_\_\_\_  
 E-mail Address  
 Home Address  Work/Office Address  Different address: \_\_\_\_\_

The following people are authorized to receive my medical information. (It is NOT necessary to list your referring physician(s).)

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ Relationship: \_\_\_\_\_

**CONSENT FOR CARE AND TREATMENT**

I hereby give my consent to **Women's Advantage Inc.** to furnish the appropriate and necessary medical care needed to diagnose and treat the physical and mental condition of the above named patient.

\_\_\_\_\_  
 Patient OR Patient Guardian's Signature \_\_\_\_\_  
 Date



## FINANCIAL POLICY

We bill your insurance carrier solely as a courtesy to you. You are responsible for the entire bill when the services are rendered. We require that arrangements for payment of your estimated share be made today. If your insurance carrier does not remit payment within 60 days, the balance will be due in full from you. Should your insurance company request a refund of payments made, you will be responsible for the amount of money refunded to your insurance company. If any payment is made directly to you for services billed by us, you recognize an obligation to promptly remit the same to Women's Advantage Inc. You also agree to assign all medical and/or surgical benefits to which you are entitled, including Medicare, Medicaid, private insurance and third party payors to Women's Advantage Inc.

Estimated coverage information is provided as a courtesy to you. **Please realize this is only a good faith payment toward your final bill. This is not payment in full.** If you have a deductible and/or co-insurance, we will collect towards the patient portion responsibility which is an approximate amount. You may be billed for an additional amount once your claim has been processed. There will be a \$20.00 service fee for all returned checks. If you fail to make any of the payment for which you are responsible in a timely manner, you will be responsible for all costs of collecting monies owed, including court costs, collection agency fees and attorney fees.

## CANCELLATION POLICY

Your cooperation with the following policies will enable our therapists to care for as many patients as their schedule allows and will assist you in getting the full benefit from your physical therapy.

- ◆ We require 48 hour cancellation notice for new evals; 24 hours for follow ups.
- ◆ Due to a high volume of patients scheduled on a daily basis, patients are expected to be on time for their appointments. When patients are late, it greatly impacts the care of other patients. Patients will be allowed a **15-minute grace period**; otherwise late patients will be rescheduled and charged.
- ◆ You will be charged \$42.00 for a cancellation without at least 24 hour notice.
- ◆ You will be charged \$52.00 for not showing up for your appointment with failure to give any notice.
- ◆ These charges are not covered by your insurance. **The fees will be applied to your credit card on the same day of cancelled and no showed appointments.**

## EXTERNAL / INTERNAL SENSOR POLICY

In the evaluation and treatment of the majority of our patients, we use modalities such as biofeedback and/or electrical stimulation which require either external or internal sensors for the pelvic floor muscles. During your evaluation, your therapist will determine if your treatment will require the use of sensors. These sensors are not covered by insurance and need to be paid for by the patient upon receipt. The external sensor fee is \$14.00 and the internal sensor fees range from \$30.00 to \$55.50. These charges are one time flat fees.

I have read and agree to comply with all of the policies outlined above. I understand my responsibility for the payment of my account.

\_\_\_\_\_  
Patient OR Patient Guardian's Signature

\_\_\_\_\_  
Date



WOMEN'S ADVANTAGE  
MEN'S OPTIMAL HEALTH  
*specialized pelvic physical therapy*



## NOTICE OF PATIENT INFORMATION PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED OR DISCLOSED AND HOW YOU CAN GET ACCESS TO INFORMATION. PLEASE REVIEW IT CAREFULLY.

### WOMEN'S ADVANTAGE INC. LEGAL DUTY

WOMEN'S ADVANTAGE INC. uses your personal health information primarily for treatment; obtaining payment for treatment; conducting internal administrative activities and evaluating the quality of care that we provide. For example, WOMEN'S ADVANTAGE INC. may use your personal health information to contact you to provide appointment reminders, or information about treatment alternatives or other health related benefits that could be of interest to you.

WOMEN'S ADVANTAGE INC. may also use or disclose your personal health information without prior authorization for public health purposes, for auditing purposes, and for emergencies. We also provide information when required by law.

In any other situation, WOMEN'S ADVANTAGE INC. policy is to obtain your written authorization before disclosing your personal health information. If you provide us with a written authorization to release your information for any reason, you may later revoke that authorization to stop further disclosures at any time.

WOMEN'S ADVANTAGE INC. may change its policy at any time. When changes are made, a new Notice of Information Practices will be posted in the waiting room and patient exam areas and will be provided to you on your next visit. You may also request an updated copy of our Notice of Information Practices at any time.

### PATIENT'S INDIVIDUAL RIGHTS

You have the right to review or obtain a copy of your personal health information at any time. You have the right to request that we correct any inaccurate or incomplete information in your records. You also have the right to request a list of instances where we have disclosed your personal health information for reasons other than treatment, payment or other related administrative purposes.

You may also request in writing that we not use or disclose your personal health information for treatment, payment and administrative purposes except when specifically authorized by you, when required by law or in emergency circumstances. WOMEN'S ADVANTAGE INC. will consider all such requests on a case by case basis, but the practice is not legally required to accept them.

### CONCERNS AND COMPLAINTS

If you are concerned that WOMEN'S ADVANTAGE INC. may have violated your privacy rights or if you disagree with any decisions we have made regarding access or disclosure of your personal health information, please contact our practice manager at the address listed below. You may also send a written complaint to the U.S. Department of Health and Human Services. For further information on WOMEN'S ADVANTAGE INC. health information practices, or if you have a complaint, please contact the following:

WOMEN'S ADVANTAGE INC.  
20911 Earl Street, Suite 300  
Torrance, CA 90503

20911 Earl Street, Suite 300 • Torrance, CA 90503 (310) 370-1200 Phone • Fax (310) 370-1233  
3550 Linden Avenue, Suite 1 • Long Beach, CA 90807 (562) 247-3038 • Fax (310) 370-1233  
[www.womens-advantage.com](http://www.womens-advantage.com)



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MEN'S OPTIMAL HEALTH  
*specialized pelvic physical therapy*



### PATIENT INFORMATION ACKNOWLEDGEMENT FORM

I have read and fully understand WOMEN'S ADVANTAGE INC. Notice of Patient Information Practices. I understand that WOMEN'S ADVANTAGE INC. may use or disclose my personal health information for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment or payment. I understand that I have the right to restrict how my personal health information is used and disclosed for treatment, payment and administrative operations if I notify the practice. I also understand that WOMEN'S ADVANTAGE INC. will consider requests for restriction on a case by case basis, but does not have to agree to requests for restrictions.

I hereby consent to the use and disclosure of my personal health information for purposes as noted in WOMEN'S ADVANTAGE INC. Notice of Patient Information Practices. I understand that I retain the right to revoke this consent by notifying the practice in writing at any time.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient OR Patient Guardian's Signature

\_\_\_\_\_  
Date

*(OPTIONAL)*

I also authorize WOMEN'S ADVANTAGE INC. to use my protected health information for targeted marketing, fund raising, and/or solicitation of participation in research studies. I understand I have the right to copy or inspect any information used for these purposes. I also understand this authorization does not affect my consent to use my protected health information for treatment, billing, or operations related to treatment and billing.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Patient OR Patient Guardian's Signature

\_\_\_\_\_  
Date



**MEDICAL HISTORY**

Please provide your detailed medical history by filling out this form. Medicare requires that we keep a detailed record of your health history.

**Personal History**

Please check  \_\_\_\_\_ Yes No

Heart disease .....  .....

Heart attack .....  .....

Rheumatic fever .....  .....

High blood pressure .....  .....

Stroke .....  .....

Epilepsy .....  .....

Kidney or bladder dysfunction .....  .....

Diabetes .....  .....

Cancer .....  .....

Respiratory disease .....  .....

Pneumonia or emphysema .....  .....

Do you currently have an intrauterine device (IUD) implanted? .....  .....

Do you have any history of or current sexually transmitted disease (ex. Herpes, HPV, chlamydia, etc.)?  .....

Please check  \_\_\_\_\_ Yes No

Tuberculosis .....  .....

Asthma .....  .....

Hepatitis .....  .....

Anemia .....  .....

Bleeding disorder .....  .....

Hernia .....  .....

Thyroid dysfunction .....  .....

Congenital abnormalities .....  .....

Surgical implants .....  .....

Pacemaker .....  .....

Are you pregnant? .....  .....

Please list all past pregnancies and deliveries, surgeries, invasive medical procedures, fractures and other serious injuries. Include approximate date and any lasting complications or disabilities:

\_\_\_\_\_

\_\_\_\_\_

Please list present medications that you are taking, including the dosage and frequency: \_\_\_\_\_

Do you have any allergies to the following?

Please check  \_\_\_\_\_ Yes No

Novocaine / Lidocaine.....  .....

Iodine compounds.....  .....

Other (please list): \_\_\_\_\_

Your weight: \_\_\_\_\_ Height: \_\_\_\_\_

Have you received physical therapy at another clinic?

Yes, currently.  Yes, in the past.  No

If yes, for which body part? \_\_\_\_\_

**Family History** - Has any immediate family relative ever had any of the following:

Please check  \_\_\_\_\_ Yes No

Heart disease .....  .....

Heart Attack .....  .....

Rheumatic fever .....  .....

High blood pressure .....  .....

Stroke .....  .....

Please check  \_\_\_\_\_ Yes No

Epilepsy .....  .....

Kidney or bladder dysfunction .....  .....

Diabetes .....  .....

Cancer .....  .....

I certify that this information is correct and true.

NAME: (please print) \_\_\_\_\_

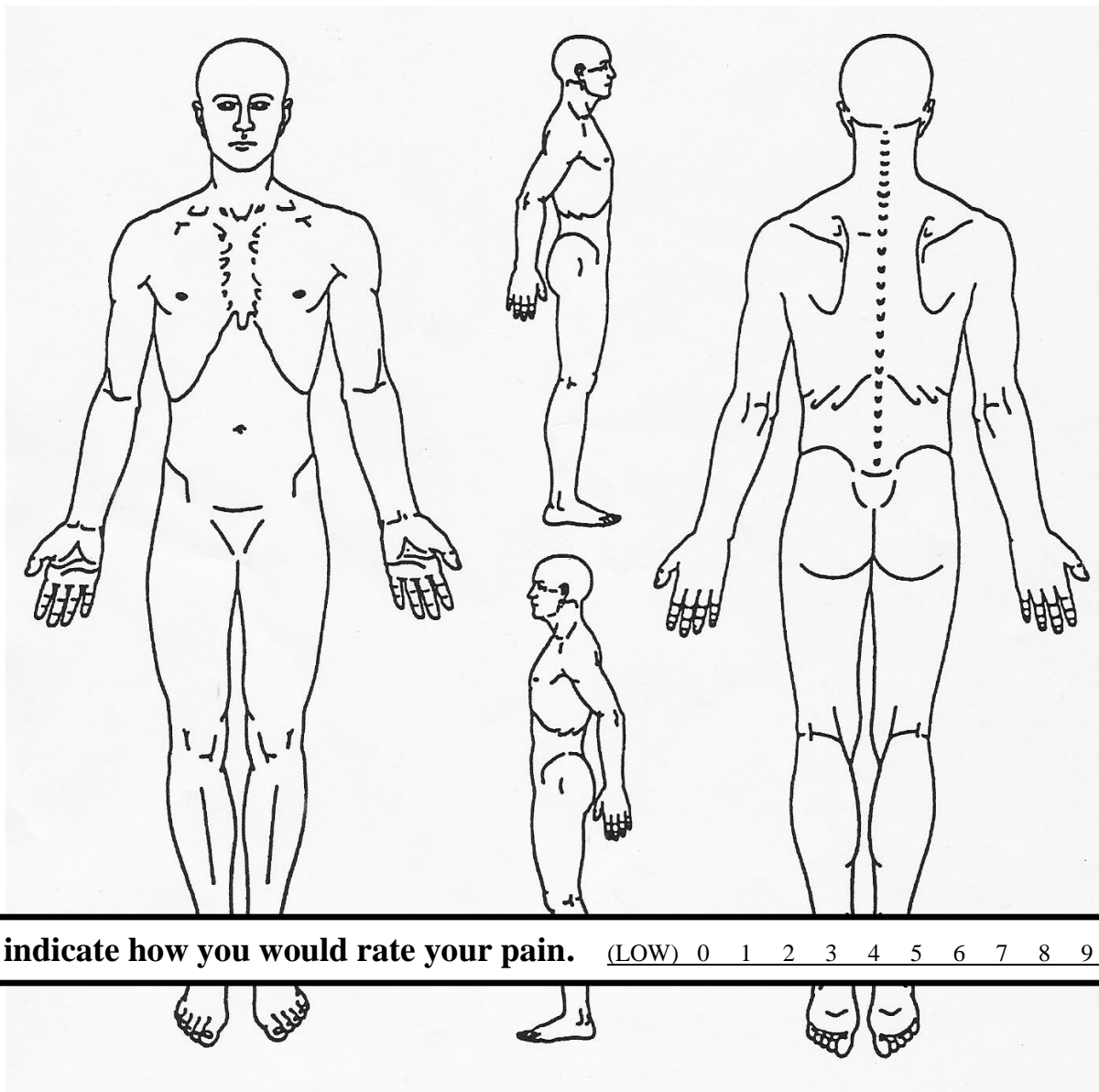
SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



**PAIN SCALE**

Please mark the figures below with the letters that best describe the sensation or pain you are feeling. Please mark areas where pain radiates or spreads with a ↑, ↓, or ←, → arrow to indicate the direction of radiating pain. (Include all affected areas)

|                     |                     |                               |                      |
|---------------------|---------------------|-------------------------------|----------------------|
| <b>A = Ache</b>     | <b>B = Burning</b>  | <b>R = Radiating Pain</b>     | <b>D = Dull Pain</b> |
| <b>N = Numbness</b> | <b>S = Stabbing</b> | <b>P = Pins &amp; Needles</b> | <b>O = Other</b>     |



Please indicate how you would rate your pain. (LOW) 0 1 2 3 4 5 6 7 8 9 10 (HIGH)

NAME: (please print) \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_