

KRISTIN PHILLIPS
PT, DPT, WCS, CLT-LANA



- DOCTOR OF PHYSICAL THERAPY** University of Pittsburgh, 2013
- BOARD-CERTIFIED** Women's Health Clinical Specialist, American Board of Physical Therapy Specialties, 2015
- RESIDENCY** Women's Health Physical Therapy Residency, University of Pittsburgh's Medical Center
- BACHELOR OF SCIENCE** Rehabilitation Sciences, University of Pittsburgh, 2010
- CERTIFIED** American Physical Therapy Association Credentialed Clinical Instructor, 2014
- Lymphology Association of North America, 2014
- Certified Lymphedema Therapist, Klose, 2013
- MEMBER** American Physical Therapy Association and Section on Women's Health
- TEACHING ASSISTANT** University of Pittsburgh DPT Musculoskeletal I-II, 2013-2014
- GUEST LECTURE** Lymphedema, University of Pittsburgh DPT Patient Management II, 2014



WOMEN'S ADVANTAGE
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As in the case with many physical therapists, my interest was sparked after my own injury as a young athlete. Because of this, when I entered PT school at the University of Pittsburgh, I knew I wanted to work with young athletes. Or at least I thought I knew. However, my first rotation in outpatient orthopedics, working with athletes young and old, quickly left me feeling like I didn't quite belong. I spent the next two years working diligently during my studies but never finding my niche. For my last full-time internship of PT school, I was serendipitously placed in a women's health position and this is where I realized my true passion. Immediately following PT school, I further advanced my studies of women's health by completing a 15-month residency program at the University of Pittsburgh's Medical Center where I was trained in both lymphedema and pelvic health.

Caring for this unique population challenges me to be creative, innovative, and patient. I am reminded every day to incorporate the entire person and not just the injury or dysfunction. My goal is to empower others and give them the tools to overcome their barriers and maximize their potential.



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